

Psychiatry follow-up SOAP note
1 week from inpatient care

S- Patient states that he generally has been doing well. Depressive symptoms have improved but he still feels down at times. He is sleeping better, achieving 7-8 hours of restful sleep each night. He feels the medication is helping somewhat and without any noticeable side-effects. He has no suicide plan and has not thought about suicide since the recent attempt. He has no access to prescription medications, other than the fluoxetine. He believes the classes he participated in while inpatient have helped him with coping mechanisms. He has also coordinated individual counseling with his case manager.

O- Vitals: T 98.4, P 82, R 16, BP 122/78

General: alert and oriented to person, place, and time. Affect is significantly improved with good range of emotional expression.

Heart- RRR, no murmurs, no gallops

Lungs- CTA bilaterally

Skin- no lesions or rashes

Labs: CBC, lytes, and TSH all within normal limits

A- Major Depressive Disorder, recurrent, without psychotic features

P- Continue Fluoxetine at 10mg dose. If no further improvement in the next week, we will consider increasing dose to 20mg. Continue outpatient counseling. Follow-up in one week or earlier if any depressive symptoms worsen.